



- A** Height in cm
- B** Waist circumference in cm
- C** Chest circumference in cm

SIZE CHART

EN 13688 CE

A product is comfortable and safe if chosen in the right size. We recommend you to use the following sizing chart to select the right size for your garments.

TAKE CARE OF YOUR GARMENTS: CARE AND WASHING INSTRUCTIONS

The high quality of sir safety system garments and the performance of the fabrics are guaranteed by sir; by following a few, simple guidelines when washing and drying, clothing characteristics and performance will remain over the time. The data sheets and the labels inside the garments indicate, in a concise but detailed manner, how to take care of the garments, indicating the most appropriate treatment to use for a correct washing in order to preserve the clothing as brand new and maintain the protective characteristics. The following table shows the symbols and their meanings to allow easy reading and quick understanding of garment labelling.

DRY CLEANING	Do not dry clean	Dry clean only			
WASHING	Do not wash	hand wash	30° wash	40° wash	60° wash
BLEACHING AND CHLORINE	Do not bleach	Bleach ok	Do not use chlorine bleach	Use chlorine bleach	
IRONING	Do not iron	Cool iron	Medium hot iron	Hot iron	
DRYING	No tumble	Low tumble	Medium tumble		

CHEMICAL PROTECTION

REFERENCE SIZE	M	L	XL	2XL	3XL
A TOTAL HEIGHT	164-172	172-180	180-188	188-196	196-204
C CHEST CIRCUMFERENCE	112-120	120-128	128-136	136-144	144-152

FUNCTIONAL CLOTHING

REFERENCE SIZE	42	44	46	48	50	52	54	56	58	60	62	64
A TOTAL HEIGHT	154-158	158-162	162-166	166-170	170-174	174-178	178-182	182-186	186-190	190-194	194-198	198-204
B WAIST CIRCUMFERENCE	70-74	74-78	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
C CHEST CIRCUMFERENCE	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-126	126-130

HIGH RISK

REFERENCE SIZE	44	46	48	50	52	54	56	58	60	62
A TOTAL HEIGHT	162-166	162-166	166-170	170-174	174-178	178-182	182-186	186-190	190-194	194-198
B WAIST CIRCUMFERENCE	74-78	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114
C CHEST CIRCUMFERENCE	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-128	128-134

SHIRTS

REFERENCE SIZE	39	40	41	42	43	44	45	46
A TOTAL HEIGHT	162-166	166-170	170-174	174-178	178-182	182-186	186-190	190-198
C CHEST CIRCUMFERENCE	98-102	102-106	106-110	110-114	114-118	118-122	122-128	128-134

SUMMER SHIRTS

REFERENCE SIZE	XS	S	M	L	XL	2XL	3XL
A TOTAL HEIGHT	148-156	156-164	164-172	172-180	180-188	188-196	196-204
C CHEST CIRCUMFERENCE	74-82	82-90	90-98	98-106	106-114	114-122	122-126

WEATHER RESISTANT

REFERENCE SIZE	XS	S	M	L	XL	2XL	3XL
A TOTAL HEIGHT	148-156	156-164	164-172	172-180	180-188	188-196	196-204
C CHEST CIRCUMFERENCE	90-98	98-106	106-114	114-122	122-130	130-138	138-146

WINTER KNITWEAR

REFERENCE SIZE	XS	S	M	L	XL	2XL	3XL
A TOTAL HEIGHT	160-164	164-172	172-180	180-188	188-196	196-204	204-208
C CHEST CIRCUMFERENCE	86-90	90-94	94-98	98-102	102-106	106-110	110-114

HIGH VISIBILITY

REFERENCE SIZE	XS	S	M	L	XL	2XL	3XL
A TOTAL HEIGHT	148-156	156-164	164-172	172-180	180-188	188-196	196-204
C CHEST CIRCUMFERENCE	90-98	98-106	106-114	114-122	122-130	130-138	138-146

REFERENCE SIZE	44	46	48	50	52	54	56	58	60	62	64
A TOTAL HEIGHT	158-162	162-166	166-170	170-174	174-178	178-182	182-186	186-190	190-194	194-198	198-204
B WAIST CIRCUMFERENCE	74-78	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
C CHEST CIRCUMFERENCE	98-102	102-106	106-110	110-114	114-118	118-122	122-126	126-130	130-134	134-138	138-142